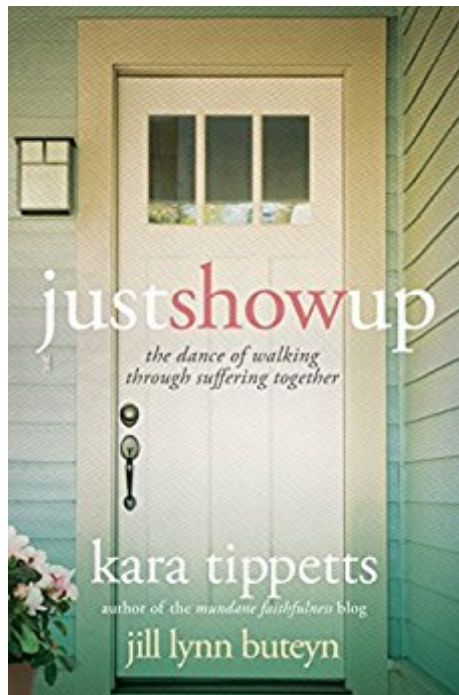




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Just Show Up: The Dance Of Walking Through Suffering Together



Synopsis

Kara Tippetts's story was not a story of disease, although she lost her battle with terminal cancer. It was not a story of saying goodbye, although she was intentional in her time with her husband and four children. Kara's story was one of seeing God in the hard and in the good. It was one of finding grace in the everyday. And it was one of knowing "God with us" through fierce and beautiful friendship. In *Just Show Up*, Kara and her close friend, Jill Lynn Buteyn, write about what friendship looks like in the midst of changing life seasons, loads of laundry, and even cancer. Whether you are eager to be present to someone going through a difficult time or simply want inspiration for pursuing friends in a new way, this eloquent and practical book explores the gift of silence, the art of receiving, and what it means to just show up. The late Kara Tippetts was the author of *The Hardest Peace* and blogged faithfully at mundanefaithfulness.com. Cancer was only a part of Kara's story. Her real fight was to truly live while facing a crushing reality. Since her death in March 2015, her husband, Jason, is parenting their four children and leading the church they founded in Colorado Springs, Colorado. Jill Lynn Buteyn lives in Colorado with her husband and two children. She has a bachelor's degree in communications from Bethel University. In 2013, she won the ACFW Genesis award for her inspirational novel, *Falling for Texas* (written as Jill Lynn).

Book Information

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Customer Reviews

This book was exactly what I needed this fall. A dear friend of mine got the diagnosis of Stage IV cancer. It has completely flipped their family life upside-down. Not having any idea how to deal with this or be a help to this man (45 years old, 3 teenage girls), I quickly ordered this book. It gave helpful, practical advice throughout. It is written by Jill Lynn Buteyn with a short note at the end of each chapter (or beginning...can't remember, loaned to another friend) written by Kara shortly before she passed away. So, you get both perspectives: that of the patient, and that of the friend. It has helped me greatly in handling our new reality with our close friends. I recommend it for anyone walking through a difficult time.

Just show up is an amazing book that I just finished and put up on my bookshelf to display next to Kara's book, The Hardest Peace. Kara opening up about her journey with cancer and her strong faith has really changed my outlook on life. Jill coming in to talk from the friends perspective was extremely helpful. I know we have all been there when someone is sick or chronically ill and we are not sure how to respond and unfortunately more times than not due to not knowing what to do, we do nothing at all. Just show up teaches us how to show up in a way that fits with what feels right to us or uses our special talents, asking Jesus to guide us (I am glad to know I finally have permission to skip on making meals since it is not my strong suit and maybe find something else to do that would be helpful). Kara created such a loving community to help care for her and her family with people that she didn't even necessarily know for that long. People were grateful to help and be invited into her community. She could have easily said her family doesn't need help, but she opened up her journey to others and now people all over the world have been touched by the lessons that she has taught us about Jesus. family. friends, life and love. Because of Kara, I have a sign up in my house that says, "Love is Kind". I miss her dearly and I have never even met her. Thank you Kara and Jill for such an honest, loving, heart warming book.

Kara Tippetts and Jill Buteyn show us the beauty in the dance of giving and receiving community in the midst of life's hard in the book "Just Show Up". Kara's words sit heavy on the reader's heart because we know the final chapter of her story here

on earth. Yet we are drawn into her telling in this book because we understand she used her precious time to impart the importance of *“the ministry of presence”*—simply showing up and being there for someone. (page 73) Jill does a beautiful job of carrying the mantle handed down by Kara to make sure her message of showing up in the midst of hard is not only read, but planted into the heart of the reader to grow their own community. Kuddos to publisher, David C. Cook, for seamlessly joining the telling of the dance of these two friends learning to show up and live well by giving and receiving the presence of friendship.

I just finished reading "Just Show Up" and I wish I had the ability to put this book in every person's hands. Such grace, truth and life in this book. We need each other and I love that Kara and her community modeled this with such transparency and authenticity. My heart has been to model and experience this kind of friendship for so long and so it's encouraging to know there are so many people doing this even now!!!! What a testimony and well, I just wanted to say how encouraging it is and how thankful I am for Kara's life even though I never met her. I appreciate as well, the transparency of the friends who walked the hard with her....thank YOU for sharing your hearts and for allowing those of us who haven't walked the hard yet to see what you processed as well. You are GREAT friends.

I preordered this book months ahead and impatiently waited for its release. I was not disappointed. Having recently chosen to "show up" for someone with incurable cancer, I wanted to read this book for any help I could get on how to do this. I found great advice, as well as reassurance for things I am doing and grace for when I stick my foot in my mouth. I also had plenty of "she felt that way too?" moments as Jill shared some of the feelings had by those who decide to "show up" for others. I recommend this book for anyone who is thinking of or going to enter in with someone who is suffering. I have no regrets at entering in with my now friend. I hoped to bless, and find that I am also blessed by being in the journey with my friend.

As a woman currently going through the fight of my life with stage 4 breast cancer, I am so thankful this book was written. We read about caring for someone in the midst of suffering from the sufferer's perspective and the caregiver's perspective. There are many really specific helps for caring, for showing up, even if you don't know the sufferer all that well. There are specific cautions we all need - words to say and not say. What I really appreciated was the finely crafted writing on overcoming

our fears in order to reach out to others. Maybe we don't have the best words, or any words, but we should push past our fears of making a mistake or of interrupting our normal lives, and show up for someone in pain. Thank you, Kara and Jill, for writing the book we all need.

Just as Kara Tippetts book "The Hardest Peace" touched my heart with her openness and honesty about how tough things in this life can attack us but God is still God in the midst of it all and His love reaches us where we live. Kara and Jill Lynn Butelyn did a fabulous job of keeping out focus on how we can help others in their hard times. Keeping our eyes on "it's not about me" but on doing what is needed for others so as to glorify God will help[us in our own times of "hard". This book will touch your heart and challenge you to go beyond our comfort zones to be a light in this dark world. Kara showed she is God's child up til her death and did not waver from seeing His blessings in the midst of her journey. Wow!

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